



# BANKSIA PARK SCHOOL R-7

Learning for Life - Pathways to Excellence

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## 2018 Term 4 Specialist Teachers' Newsletter

Dear Parents/Caregivers,

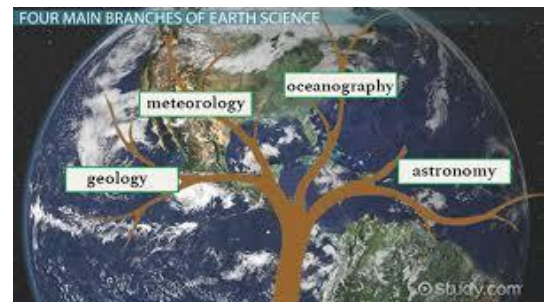
We are now nearing the end of the year and our students have so much to look forward in Science, Auslan, Health and P.E.

### Science

Welcome back to Term 4! Last Term was a busy one and this Term promises to be the same.

The major focus for Science this term is Earth and Space. Junior Primary students will be exploring changes in our landscape, weather and seasons. They will also focus on learning about Earth's resources, such as soil and water.

Primary students' Science program will have them learning about day and night, earth's natural resources, natural disasters and space. Students will be involved in a number of hands on activities and scenarios.



### Health:

Primary health will see students focusing on managing emotions and exploring empathy and respect through a number of role plays and situations. The upper primary students will also examine the effect of social media on student's mental health and emotions.

Thankyou,  
Rebecca Chittleborough  
[rebecca.chittleborough882@schools.sa.edu.au](mailto:rebecca.chittleborough882@schools.sa.edu.au)

### Physical Education

Having children participate in an array of physical activities has been linked to assisting in positive self-esteem, skeletal and cardiovascular health and skill development. It supports children in developing a positive attitude, that it's OK to make mistakes, to have fun, to learn leadership and cooperation skills and appropriate behaviour relating to participating in physical activity (taking responsibility). These are part of learning life lessons to assist our children to grow into becoming responsible, healthy, respectful and happy adults.

Term 4 P.E. program for Reception-Yr 7 students will focus on Sports Day events, learning the rules and skills related to Athletics events (sprints, long jump, hurdles, etc). Students will also be celebrating PE Week (12-16 November) by being involved in an array of sporting events during Term 4.





They will have the opportunity to attend Yr 4/5 Come 'n' Try Carnival (SAPSASA sports), Yr 3 & 4 Hot Shots Tennis Competition, Yr 6/7 Banksia Cup Carnival (soccer), lunchtime sports competition for Reception -Yr 7 students (basketball, netball, dodge ball, hockey & indoor soccer) and other school sporting activities.

Reception-Yr 2 students will be introduced to Rock and Water program. Physical exercises are constantly linked with mental and social skills. This program offers a framework of exercises and ideas to assist reduce bullying in the classroom, increases self confidence and self control and enhances better social and communication skills, and as a result academic achievement often improves. Topics include: intuition, body language, mental strength, empathic feeling, positive feeling, positive thinking and positive visualising. Discussion topics include: Bullying, Safety, Integrity, Solidarity, Self Control, Self-Confidence and Self-Respect.

Yr 3-7 will work through a unit of work learning Sofcrosse skills. By the end of the unit, they will have knowledge of the rules of the game and be able to take part in a modified game of sofrocrosse.

Note: Please check your child/ren's class timetable to be aware when they have P.E. lessons. It is imperative that they wear appropriate clothing and footwear on their P.E. day. It would be advantageous if students bring their drink bottle/s so that lesson times are not being wasted getting drinks, as there are no drinking facilities in the Hall/Gym.

Thankyou,  
Melanie Waugh  
P.E. Specialist Teacher & Student Wellbeing Leader  
[melanie.waugh373@schools.sa.edu.au](mailto:melanie.waugh373@schools.sa.edu.au)

### AUSLAN (Australian sign language):

Welcome to Term 4. This school year is really flying by!  
Junior Primary students will be revising colours and numbers, learning an Auslan song to be performed at Celebration Night and learning Christmas vocabulary.  
Primary students will be doing revision of fingerspelling, using sentences and learning how to sign a song from a selection of those we have viewed over the course of the year.



### Health



All students in Gold Building along with Rooms 8 & 9 will be completing a unit of work relating to Contributing to Healthy and Active Communities. This will include identifying actions that promote health, safety and wellbeing in the classroom and playground. Students will be identifying, exploring and playing in natural and built environments in the local community where physical activity can take place in order to build a connection with our local community amenities.

Thankyou,  
Emma Stewart  
[emma.stewart802@schools.sa.edu.au](mailto:emma.stewart802@schools.sa.edu.au)